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# AIMS EXAMINATION PROCEDURE

## SHOULD BE COMPLETED BEFORE ENTERING THE RATINGS ON THE AIMS FORM.

Either before or after completing the Examination Procedure, observe the patient unobtrusively at rest (eg, in waiting room).

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The chair to be used in this examination should be a hard, firm one without arms.

- 1: Ask patient whether there is anything in his/her mouth (ie, gum, candy, etc) and if there is, to remove it.
- 2: Ask patient about the current condition of his/her teeth. Ask patient if he/she wears dentures. Do teeth or dentures bother patient now?
- 3: Ask patient whether he/she notices any movements in mouth, face, hands, or feet. If yes, ask to describe and to what extent they currently bother patient or interfere with his/her activities.
- 4: Have patient sit in chair with hands on knees, legs slightly apart, and feet flat on floor. (Look at entire body for movements while in this position).
- 5: Ask patient to sit with hands hanging unsupported. If male, between legs, if female, and wearing a dress, hanging over knees. (Observe hands and other body areas.)
- 6: Ask patient to open mouth. (Observe tongue at rest within mouth.) Do this twice.
- 7: Ask patient to protrude tongue. (Observe abnormalities of tongue movement.)
- \* 8: Ask patient to tap thumb, with each finger, as rapidly as possible for 10-15 seconds: separately with right hand, then with left hand. (Observe facial and leg movements.)
- 9: Flex and extend patient's left and right arms, one at a time. (Note any rigidity and rate it.)
- 10: Ask patient to stand up. (Observe in profile. Observe all body areas again, hips included.)
- \* 11: Ask patient to extend both arms outstretched in front with palms down. (Observe trunk, legs, and mouth.)
- \* 12: Have patient walk a few paces, turn, and walk back to chair. (Observe hands and gait.) Do this twice.